Job Vacancy

Position: Netball Coach

Reports to: University of Derby Netball Club President and Athletic Union

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JOB TITLE: Coach

PURPOSE OF THE ROLE: Support, train and lead to performance a group of young adults within Netball.

KEY RESPONSIBILITIES:

- Safety and health of the athletes
- structured sessions with strategic aims
- design and implement a high performance netball training program that includes competition
- group and individual sessions, including technical, tactical, physiological, psychological and social sessions
- ensure that program delivery is consistent
- maintain detailed records of the performance of the athletes in both training and competition and provide regular reports
- a high level of self-motivation and initiative
- including the ability to work with minimal supervision.

RECOMMENDED QUALIFICATIONS:

Level 2 UKCC Coaching, First Aid Qualified and Safeguarding Awareness.

SKILLS REQUIRED:

- motivate players and communicate effectively with them
- make things FUN
- use time efficiently and effectively
- provide structured planning and make best use of time available
- show an appropriate level of technical knowledge
- break skills down if appropriate, analyse skills and make improvements

- make use of appropriate equipment and adapt if necessary
- provide advice on sports science and lifestyle guidance
- use appropriate coach delivery styles
- Have an authority in their approach

MAIN DUTIES:

1. Prepare team for BUCS Leagues

2. Guide captain for any substitutions during matches

3. Prepare, delivery structured sessions in form with a long term goal

4. Engage all participants and ensure all are being challenged to their ability

5. Take an authoritative role and lead the session without supervision

6. Adaptable and interesting in their approach to the sessions

7. Advise girls on healthy eating and recommendation for improvements outside of training time

TIME COMMITMENT: 3 and half hours per week of coaching at training (days to be confirmed, possibly Tuesday and Thursdays) and Wednesday afternoon matches (both home and away).

RATE OF PAY: £20p/h

If interested, please send a CV along with covering email/letter and a sample session plan to 100115742@unimail.derby.ac.uk - Sofie Suckley, University of Derby Netball President.